




ST REGIS

BORA BORA

THE SPA

MENU



A Singular Sanctuary

Experience a rare retreat at St. Regis Spa, a sensorial escape honoring the art of decadence. The spa pays homage to the original Iridium Room at The St. Regis New York, where the city's aristocrats and iconoclasts gathered to revel in a private world of spectacle and glamour.

A modern jewel box designed for indulgence and defined by joie de vivre, St. Regis Spa is an enclave apart—a private invitation to experience the extraordinary. From lush surrounds to precious ingredients, every aspect of the spa sanctuary is custom created to captivate and celebrate.



Caroline’s Collection

Caroline Astor, better known only as ‘Mrs. Astor’, was the curator of the upper echelons of New York society during the latter half of the 19th century. As matriarch of one of the great dynasties of New York she was a symbol of luxury, opulence and taste. Paying homage to Caroline’s passion for innovation, refinement and vibrancy, this collection of treatments is unique to each St. Regis Spa, crafted from the very best experiences and ingredients to create distinguished and perfectly tailored experiences.

POLYNESIAN TAURUMI:

« Taurumi » means massage in Polynesian. This relaxing medium pressure massage uses traditional Polynesian techniques and dancing forearm movements. The therapist uses her « Mana », which is inner strength in Polynesian, to help your mind and body relax.

60 minutes – Starting from 25’500 XPF

90 minutes – Starting from 32’500 XPF

FLAWLESS GARDEN ROSE:

Capture a moment of escapism with this sensory experience, inspired by delicately perfumed gardens. A skin softening granita scrub revives tired skin after which a full body massage with a precious Porcelain Flower oil to soothe and deeply relax.

60 minutes – Starting from 27’500 XPF

90 minutes – Starting from 34’500 XPF

MIRI OIL MASSAGE:

A unique local body massage that harnesses the benefits of Miri oil, a type of basil, grown locally in Tahiti. Miri is known to boost circulation and release muscle tension, whilst the massage movements energize, invigorate and refresh.

90 minutes – Starting from 32’500 XPF

THE 400:

Inspired by the gilded age of New York High Society, this face and body experience elegantly and stylishly combine the rarest ingredients for a sensorial escape for mind and body. After a full body reviving granita scrub smooths skin, drift away with an aromatic relaxing full body massage. Continue the luxury with a triple active facial for youth, plumping and radiance.

2 hours 30 minutes – Starting from 63’000 XPF



Massages

Curate and bespoke your own massage experience with the choice of three sensory escapes from the scent bar and a choice of delicate and nourishing textures.

PERFORMANCE:

Intuitive and intense, a strong massage specially designed for precision and results. Enjoy the benefits of a unique combination of ingredients – arnica and mandarin invigorate whilst camphor and cypress boost the effects of exercise.

60 minutes – Starting from 26'500 XPF

90 minutes – Starting from 33'500 XPF

STRESS RELIEF:

Sensorial and awakening, a massage journey that harmonizes techniques from around the world. A stress relieving treatment that uses mobilizing movements and firm massage to ease away tension and restore energy levels.

60 minutes – Starting from 25'500 XPF

90 minutes – Starting from 32'500 XPF

BALINESE PUIAI MASSAGE:

« Puai » means strong in Polynesian. This ancient deep tissue massage renews the body and strengthens the mind. This world-renowned technique uses long strokes, pressure points and stretching to help relieve tension and stress while improving circulation.

60 minutes – Starting from 26'500 XPF

90 minutes – Starting from 33'500 XPF

RELAXATION:

Deep relaxation of mind and body, a fully bespoke massage using light to medium pressure. Choose your sensory escape from the Scent Bar which will then be blended with your choice of hydrating cream or nourishing oil. A true feeling of balance.

60 minutes – Starting from 25'500 XPF

90 minutes – Starting from 32'500 XPF

RE–ENERGIZE:

An energizing treatment that focuses on a Japanese reflex-inspired foot massage to soothe and relieve tension, which also encompasses the full body with a soothing and sweeping massage to warm the muscles and invigorate the mind.

60 minutes – Starting from 25'500 XPF

90 minutes – Starting from 32'500 XPF

WARM CANDLE MASSAGE:

A medium pressure massage using warmed oil. This warmed candle is made of natural butters which are then drizzled over the skin for a wonderful massage to melt away tension and delicately nourish skin.

60 minutes – Starting from 25'500 XPF

90 minutes – Starting from 32'500 XPF



Treatments

Marrying classic body treatments with elegant innovation to present both a luxurious and results driven experience.

OPULENT RELAXATION:

A deeply hydrating and relaxing aromatic body ritual with delicate scents of cherry blossom and lotus. A warmed enzymatic scrub works whilst a reflex-inspired foot massage relieves tension. Exfoliating gloves slough off the peel revealing glowing skin, ready for the nourishing warmed shea butter massage.

60 minutes – Starting from 27'500 XPF

90 minutes – Starting from 34'500 XPF

SENSUAL ELEVATION:

A sensorial, awakening ritual to energize and unseat tension and stiffness – this treatment is a truly elevated experience. A warmed enzymatic exfoliating syrup is gently worked into the body with a handmade terracotta stone.

A deep massage with heated amber oil unseats tension whilst stretches and mobilization movements re-energize.

60 minutes – Starting from 27'500 XPF

90 minutes – Starting from 34'500 XPF

REFINED SILHOUETTE:

Designed to maintain the body's youth using proven formulas and techniques. A citrus full body scrub prepares the skin to receive a technical toning body serum formulated with active ingredients that work on skin firmness in harmony with a stimulating massage to improve the appearance of the body's contour.

60 minutes – Starting from 27'500 XPF

PLUSH BODY POLISH:

A toning or softening full body scrub that can be tailored using exquisite fragrances from our Scent Bar – breathe in and let the aromas quiet the mind whilst the expert hands of the therapist use sugar and salt to soften and hydrate the skin.

30 minutes – Starting from 14'000 XPF

HYDRATING DRENCH:

A skin drenching hydrating treatment, ideal post sun. Experience the comforting sensation of hydrating shea butter applied to the skin and let your body and your mind indulge in pure escapism with the fragrance you have chosen.

60 minutes – Starting from 27'500 XPF



Facials

Bringing St. Regis guests high performance and high precision treatments. Using the best of innovation, technology and patented ingredients to provide clinically proven results. All treatments are suitable for all skin types, all year round for men and women alike.

BOOST & BRIGHTEN:

Revive youthfulness with a brightening and detoxifying facial. Recharge your skin and treat it with a burst of energy to help it defend itself against the harmful effects of environmental stress. The skin appears reoxygenated as if it can breathe more easily with a renewed resistance to fatigue and pollution.

60 minutes – Starting from 27'500 XPF

INSTANT YOUTH:

A treatment for visibly younger skin designed to firm and lift the face contour. Salicylic acid evens out texture, whilst a deep anti-wrinkle massage smooths the skin. A dermo-lifting mask and layered Youth Serums complete this treatment.

75 minutes – Starting from 30'500 XPF

ILLUMINATE & LIFT:

This revolutionary treatment captures the best of science and rare ingredients with instant, visible results to preserve the youth of the skin. AHA's remove congestion whilst a plumping facial massage lifts. A tightening bio-cellulose mask firms and Rose Stem Cells and Porcelain Flower Oil repair skin damage and leave a soft, dewy finish.

90 minutes – Starting from 35'500 XPF

PROFOUND HYDRATATION:

A deeply hydrating facial. A powerful plumping effect with ceramides to repair the skin's moisture barrier and rebuild. This technical facial includes three different types of skin drenching hyaluronic acid for all layers of the skin and Boletus extract to stimulate hyaluronic acid production.

75 minutes – Starting from 30'500 XPF

PROFOUND HYDRATATION WITH CRYO EYE TREATMENT:

A deeply hydrating facial. A powerful plumping effect with ceramides to repair the skin's moisture barrier and rebuild. This technical facial includes three different types of skin drenching hyaluronic acid for all layers of the skin and Boletus extract to stimulate hyaluronic acid production.

Enhanced with the CRYO-EYE CONTOUR.

A high impact cryo-eye treatment that helps immediately reduce signs of tiredness and ageing while cooling porcelain spoons reduce visible dark circles and puffiness

90 minutes – Starting from 37'500 XPF



Rituals

Enjoy a combination of differents treatments to extend even more your experience at the St. Regis Spa.

TRADITIONAL POLYNESIAN RITUAL :
Experience a full body scrub with white Bora Bora sand or Volcanic Tahitian black sand , followed by a Polynesian massage with an organic oil from Bora Bora.
Ideal for people who want to try local & organic products.
• Sand body polish - 30 min
• Polynesian Massage - 60 min
90 min – Starting from 70’000 XPF / couple

RELAXATION RITUAL :
Combine the ease of a Performance or Relaxation massage with a blissful facial to bring about head to toe rejuvenation.
• Performance or Relaxation massage - 60 min
• Instant Youth or Profond Hydration Facial – 75 min
135 min – Starting from 102’000 XPF / couple

THE ST REGIS SPA BORA BORA RITUAL :
Experience the exquisite with a curated selection of our most luxurious treatments.
• Private area – 30 minutes
• THE 400 - 2 h30
3 hours – Starting from 123’000 XPF / couple

FOR LOVERS RITUAL :
The perfect match – combine the heated benefits of balneotherapy to improve circulation and combine with the warming and soothing benefits of the romantic Warm Candle Massage.
• Balneotherapy – 20 min
• Warm Candle massage – 90 min
110 min – Starting from 78’000 XPF / couple

INTENSE RELAXATION RITUAL :
Add an extra level of calm with a privacy moment in the outdoor area of your chosen Couples Suite.
• Private area – 30 min
• Performance or Relaxation massage – 60 min
• Instant Youth or Profond Hydration Facial – 75 min
165 min – Starting from 111’000 XPF / couple



Family Traditions

In a private enclave, celebrate with your family in the best possible way. Designed to ensure that you and your family relax into the St. Regis Spa experience, together.

BIJOU MANI:

An essential for any young spa fan. Enjoy a pamper and a polish that will leave your hands exquisitely preened.

30 minutes - Starting from 7'000 XPF

PETITE PEDI:

Skip out of the spa after experiencing this treatment. Feet are primed and polished leaving you feeling as if you were walking on air.

30 minutes - Starting from 7'000 XPF

MOTHER & DAUGHTER SPA RETREAT:

Enjoy a family moment, mother & daughter with 120 minutes of pure relaxation.

Private area - 30 minutes

Relaxing massage with monoï oil– 30 minutes

Opulent Manicure or Plush Pedicure –

60 minutes for Mrs

Bijou Mani & Petit Pedi – 60 minutes for Miss

120 minutes - Starting from 55'500 XPF for 2

FATHER & SON SPA RETREAT:

Enjoy a family moment, father & son with 90 minutes of pure relaxation.

Private area - 30 minutes

Toriri Body Scrub - 30 minutes

Relaxing massage with monoï oil– 30 minutes

90 minutes - Starting from 57'000 XPF for 2

Massage & Body Treatment Enhancements

Tailor your treatment with exquisite additions which boost results and enhance your St. Regis Spa experience.

SHEA BUTTER :
Butter that deliciously melts with heat when applied to skin, for a supple and silky sensation. Introduce to any Sothys massage of your choice.
3’000 XPF

HYDRATION AMPOULE :
Achieve a huge boost in hydration while experiencing your body treatment. An ampoule rich in beautifully hydrating, active ingredients will be applied to face, neck and décolleté before applying moisture-boosting finishing products.
3’000 XPF

BLACK PEARL SCRUB :
An aromatic sugar scrub for hands or feet ; with black pearl powder and Monoï oil to deeply hydrate with the delicate perfume of Tiare Tahiti.
3’000 XPF

OUTDOOR MASSAGE :
Enjoy an outdoor massage with a beautiful lagoon view (depending on weather).
3’000 XPF

OUTDOOR CANDLELIGHT MASSAGE :
Enjoy an outdoor massage with candles under the gazebo from 5:30 PM to 7:00 PM (Depending on weather).
6’000 XPF

MELTED WAX :
Nourishing and protective, the warming hydrating texture results in super soft skin. Introduce to any Sothys massage of your choice.
3’000 XPF

GUILDED MASK :
Firm and restore your skin with a single treatment. Treat a specific area or repair the entire face, it’s your choice with 24K Gold Masks from KNESKO. Treat the area of your choice eyes, lips and/or face.
From 3’000 XPF

HOT STONES :
Warmed stones bathed in oil are used to release physical stresses and strains whilst encouraging relaxation. Can be added to any massage of your choice.
3’000 XPF

FOOT MASSAGE :
Release soreness and tension in the feet. This essential massage which includes a blend of techniques designed to soothe and refresh this area.
15 minutes – 6’500 XPF

Face Enhancements

Tailor your facial care with exquisite additions which boost results and enhance your St. Regis Spa experience.

REFRESHING LEG GEL :
A cooling and refreshing gel designed specifically for tired feet and legs.
3’000 XPF

CRYO EYE TREATMENT :
Specifically designed for the eye contour area, this high protection eye treatment helps immediately reduce signs of tiredness and ageing. Reduces visible dark circles, puffiness and lines. Can be added to the Profound Hydration Facial.
15 minutes – 6’500 XPF

All Treatments Enhancements

Tailor any of your treatment with exquisite additions which boost results and enhance your St. Regis Spa experience.

SCALP MASSAGE :
Increase your treatment time with a target scalp massage.
15 minutes – 6’500 XPF

HAIR TREATMENT :
Nourish & smooth your hair with a coconut & banana hair treatment.
15 minutes – 6’500 XPF

PRIVATE SWIMMING POOL & JACUZZI AREA :
Enjoy a private area with swimming pool and jacuzzi in our couple’s suites before any of our treatment.
30 minutes – 10’000 XPF

BALNEOTHERAPY :
Alternately soothing and toning, bubbling water comes out brushing and massaging the body. Balneotherapy is an effective and pleasant treatment for cellular oxygenation, vasodilatation and blood stimulation. It is also enhancing the benefits when following a detoxifying or slimming program.
30 minutes – 10’000 XPF

Finishing Touches

MANICURE :
Beautifully simple essential nail maintenance. A treatment including cuticle work, nail shape, polish and hydrating cream, that will leave nails and hands feeling nourished and looking elegant.

45 minutes – Starting from 9’500 XPF

PEDICURE :
Perfectly delivered nail and foot maintenance. A treatment including cuticle work, nail shape, polish and hydrating cream, that will leave nails and feet feeling lighter and looking elegant.

45 minutes – Starting from 9’500 XPF

SEMI PERMANENT NAIL POLISH :
A treatment including cuticle work, nail shape and semi-permanent nail polish application; a long-lasting option for perfect polish during your entire beach vacation.

45 minutes – Starting from 9’500 XPF

CALLUSES TREATMENT :
Remove the calluses on your feet in 30 minutes to have a beautiful deet sandals. Needs to be added to a pedicure or plush pedicure.

30 minutes – Starting from 5’500 XPF

OPULENT MANICURE :
Enhancing the luxury of the essential manicure. This treatment raises the stakes with the inclusion of an extended massage and scrub.

60 minutes – Starting from 12’500 XPF

PLUSH PEDICURE :
An advanced treatment, elevating the pedicure with a foot scrub and massage to truly revive tired feet.

60 minutes – Starting from 12’500 XPF

REMOVAL SEMI PERMANENT NAIL POLISH :
The removal of semi-permanent nail polish which should be added before a manicure, pedicure semi-permanent nail polish application, if required.

30 minutes – Starting from 7’500 XPF

Private Wellness Classes

YOGA CLASS :
Yoga class can be done any time depending of your wishes (sunrise, sunset or during the day).

*60 minutes – 20’500 XPF for 1 or 2 persons.
3500 XPF per additional person.*

WATER YOGA :
A yoga class in which the asanas are performed in the water with your body partially or totally underwater.

Available early morning and evening.

*60 minutes – 20’500 XPF for 1 or 2 persons.
3500 XPF per additional person.*

BREATHWORK AND MEDITATION :
Experience a session of breathing exercises to improve mental, physical, and spiritual health, followed by a relaxing meditation moment.

*60 minutes – 20’500 XPF for 1 or 2 persons.
3500 XPF per additional person.*

PADDLE YOGA :
Experience a unique paddle yoga class in the lagonarium with a view of the Mount Otemanu. Available early morning or evening.

*60 minutes – 20’500 XPF for 1 or 2 persons.
3500 XPF per additional person.*

WATER SCULPT :
Enjoy a total body training in the water , with less joint impact. This workout reduces joint and muscle pain and helps to gain in mobility. Available early morning and evening.

*60 minutes – 20’500 XPF for 1 or 2 persons.
3500 XPF per additional person.*

TAHITIAN DANSE CLASS :
Barefoot experience to the heart of the polynesian culture. Having fun learning a choregrapy with the percussion of a local song.

*60 minutes – 20’500 XPF for 1 or 2 persons.
3500 XPF per additional person.*

Spa Guidelines

How early should I arrive prior to my treatment?

We recommend arriving 30 minutes prior to your treatment time in order to complete the registration process and have the time to take a shower before your treatment. Taking a shower will be mandatory for all treatments.

What is the dress code in the treatment rooms?

Our therapists are trained to respect your privacy during treatments. Robes, sandals and disposable underwear are provided in the changing room.

Changing rooms and facilities:

For sanitary and safety reasons, 3 persons maximum are allowed in the steam room, sauna & jacuzzi.

Boutique:

Our boutique remains open. You will be able to find Sothys products (face, body and sunscreen products) as well as our local range (oils, body scrubs) and a selection of swimwear and sports-wear. For any questions and advice, our spa receptionist is at your entire disposal.

What is the cancellation policy?

Bookings must be cancelled at least 12 hours prior to the reservation to avoid a cancellation fee. Last minute cancellations and no-shows will be fully charged.

Pricing:

Prices are indicated per person, except for Rituals, Mother & Daughter, Father & Son spa retreats. Prices are subject to change. Prices include VAT. Gratuity & Service Charge are not included in the price. 50% additional for in villa massage. 50% additionnal for any treatment outside of the opening hours.

Should I take any special precautions?

We recommend having a light meal and avoiding alcoholic beverages before your treatment or using the Spa facilities. The Spa reserves the right to refuse treatment to anyone under the influence of alcohol or drugs. Don't forget to use good sunscreen to protect your skin.

Jewelry and valuables:

We recommend leaving your jewelry and other valuables in the safe in your villa. Please note that the Spa will not be held responsible for any lost or forgotten valuables.

I am pregnant, what are my options?

Under 3 months, spa treatments are not allowed. However, adapted treatment protocols exist for pregnant women from the second trimester onwards.

Any particular health conditions?

Please let our Spa Therapist know if you suffer from any medical issues as these may be affected by certain treatments. A medical certificate may be requested in some cases and a quick check up with the local doctor can also be arranged. We are not able to perform any type of treatment on patients with cancer.

In case of a late arrival:

Arriving late will reduce the duration of the treatment. Depending on how late you are, the treatment may be entirely cancelled and will be considered as a no-show.

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