



Pure Fiji is a natural bath and body products manufacturer which caters to the exclusive spa and salon industry. Founded 12 years ago by Gaëtane Austin and her daughter Andrée, Pure Fiji began research, development, and production of their uniquely Fijian products around the family kitchen table. Organics and natural products are popular now, but Pure Fiji has always appreciated the numerous benefits of coconut oil and the myriad of botanical and herbal curatives and

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Tatadra Spa  
'House of Dreams'

Discover Tatadra Spa where the forest meets the ocean. Tatadra, (pronounced 'Tatandra') means 'House of Dreams'. Choose from a range of spa rituals combining traditional indigenous techniques with proven methods from around the world.

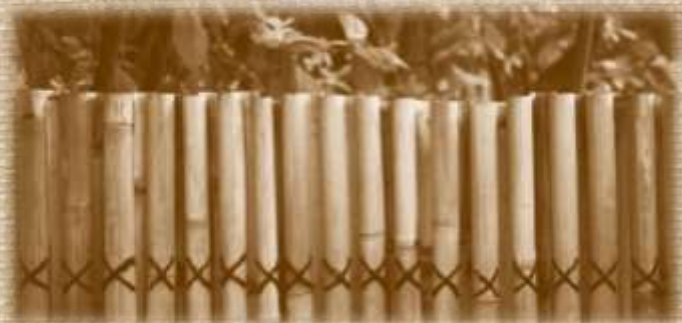


“Pure Fiji” natural body care products have been selected for use in all of our spa rituals to access the many therapeutic benefits derived from drift nut oils and botanical extracts.

All treatments are available for individuals or couples. Bookings can be made at the front office reception desk, a day in advance.

Hours of operation are 8.30am - 8.00pm

Spa treatment times include a brief consultation and 5 minutes relaxation time at the end of the treatment.



Please check exchange rates of the day at Reception for exact conversions.

Treatment Policy: Your treatment time has been reserved especially for you, however we understand that plans change. To change or cancel your appointment, we require 3 hours notice or a 50% charge will apply. Failure to arrive will result in the full payment being charged.

## MASSAGE

### REFLEXOLOGY

allow 45 min - FJD\$139

A unique method to treat the foot, addressing acupressure points that relate to various areas of the body. The session ends with a calming foot massage.

### TRADITIONAL NECK & SCALP MASSAGE

Allow 25 min FJD\$105

A coconut shell is used to slowly drizzle warm oil hair & scalp. The head, neck and shoulders are then massaged to restore balance. Leaves hair shiny and healthy.

### EXOTIC HEAD & FOOT TREATMENT

allow 70 min FJD\$188

A pampering foot wrap followed by a luxurious neck and scalp massage. Treat your extremities.

### HYDRATING MILK BATH

allow 30 min - FJD\$121

Drift away as you soak in a bath of pure coconut milk rich in vitamins. Hydrates and nourishes your skin.

## HAND & FOOT BLISS

### ISLAND FOOT WRAP

allow 45 min - FJD\$121

Treat your feet to a ritual cleansing followed by a cane sugar exfoliation. A warm foot masque & wrap is then applied as your legs are massaged with exotic massage oils.

### ISLAND HAND WRAP

allow 45 min - FD\$121

Indulge your hands with an exfoliating coconut scrub followed by a warm hand wrap and soothing arm massage using rich hydrating body butter.

### DILO FOOT RESCUE

allow 45 min - FJD\$121

Soothe tired feet and reduce swelling with Dilo, a traditional Fijian remedy. A ritual cleansing with dilo foot soak is followed by a reviving pore cleansing exfoliation. Your feet are cocooned in a soothing dilo foot masque. Concludes with a refreshing dilo gel leg and foot massage. Ideal for hikers, snorkelers or those suffering from jetlag. (Ask about a reflexology upgrade ).

Reflexology upgrade available  
allow 15 min- FJD\$37





## PACKAGES

### TWILIGHT TADRA

allow 120 min FJD\$938

An exclusive evening in Tatadra Spa.

As twilight falls, the spa is transformed into an exclusive romantic oasis for one couple only.

Your evening will commence with welcome Champagne, foot scrub followed by a couples massage, afterward step into the bliss of a hydrating milk bath whilst enjoying the rest of your champagne and canapés.



### REVITALIZE

allow 90 min - FJD\$288

This superb treatment blends the healing properties of an aromatic massage with a restorative spa facial.

### LOMALAGI (HEAVEN)

allow 120 min - FJD\$336

A tropical exfoliation complemented by a lavish aromatic massage. This treatment truly lives up to its name.

### TATADRA

allow 180 min - FJD\$579

Treat yourself to our signature spa experience. A sugar body glow followed by a blissful stone massage and rejuvenating facial.

### MARAU (ETERNAL HAPPINESS) - WEDDING PACKAGE

allow 120 min - FJD\$659 per couple

A luxurious treatment for the bride and groom to be. The bride will enjoy a Sugar Body Glow followed by an Island Foot Wrap. Meanwhile, the groom will experience a Healing Stone Massage and Island Foot Wrap.

## MASSAGE

### AROMATIC MASSAGE

allow 30 min - FJD\$107

60 min - FJD\$202

A combination of Swedish and relaxation massage techniques are used to release tired muscles, improve circulation and relax body and mind. A complete healing experience enhanced with aromatic massage oils.

### PREGNANCY MASSAGE

allow 30 min - FJD\$107

60 min - FJD\$202

A soothing massage for the expectant mother. Please note, strictly for women 12 weeks pregnant and over.

### RELAX AND RESTORE MASSAGE

allow 30 min - FJD\$107

60 min - FJD\$202

A therapeutic massage that focuses on areas of tension and soreness. By applying deeper corrective massage techniques, we can activate the body's natural healing process to relax and restore the body so it can function at its optimum.

### COUPLES INDULGENCE

Share a spa experience together as you retreat to your own private treatment room. Choose from the packaged treatments below, or select your own combination of spa rituals offered at Tatadra Spa.

Aromatic Massage	60 min	FJD\$370 per couple
Blissful Stone Massage	60min	FJD\$382 per couple
Rejuvenating Spa Facial	60min	FJD\$382 per couple
Serenity Massage and Facial	120 min	FJD\$659 per couple





## STONE THERAPY

### BLISSFUL STONE MASSAGE

allow 60 min - FJD\$209

Warmed basalt stones combined with exotic oils are used to massage away tension, restore balance and boost positive energy flow. Increasing circulation, the stones encourage sore muscles to relax and surrender to bring about a greater sense of well being and harmony.

### HEALING STONE MASSAGE

allow 90 min - FJD\$220

This truly therapeutic massage incorporates the soothing touch of warm stones with the refreshing effect of cold stones. Accelerates the body's natural ability to heal itself.

## FACIALS

### REJUVENATING SPA FACIAL

allow 60 min - FJD\$226

Provides a relaxing experience whilst restoring the vitality of the skin. This indulgent facial treatment leaves your complexion visibly smoother and more radiant. It includes a cleanse, exfoliation, facial neck & shoulder massage, mask and hydration.

### ULTIMATE SPA FACIAL

allow 90 min - FJD\$288

This luxurious treatment instantly firms the skin and improves tone and texture. It includes a cleanse, exfoliation, facial, neck and shoulder massage, while the masque is on you will be treated to a hand and a foot massage.



## BODY ELEMENTS

### SUN SOOTHER

allow 45 min - FJD\$168

Soothe sun kissed skin with the gentle application of Dilo rescue gel. Helps calm redness and provides an amazing cooling effect.

### PARADISE SUGAR BODY GLOW

allow 80 min - FJD\$243

Coconut milk and exotic nut oils are gently massaged into the skin in preparation for an invigorating pure cane sugar exfoliation. Rids the body of dead skin cell's revealing a new healthy layer of skin. Strengthens and improves elasticity whilst replenishing moisture loss.

### COCONUT BODY GLOW

allow 45 min - FJD\$168

Cleanse, polish and protect your skin. Coconut & Pineapple extracts gently buff away dull skin cells and unclog pores rejuvenating your skin. Followed by an application of Hydrating lotion to rapidly moisturize the skin.

### NOURISHING ISLAND WRAP

allow 60 min - FJD\$191

Restore your skin's balance with our tropical body wrap. A 'dry brush' exfoliation is followed by a body masque & wrap, creating a cocoon for maximum absorption and hydration. After a luxurious facial massage, the body is moisturized leaving you nourished and renewed.

### FIJI ISLAND RITUAL

allow 90 min - FJD\$330

Your ritual begins with a deep pore cleansing exfoliation followed by a detoxifying dilo banana leaf wrap. After a relaxing scalp treatment, the body is massaged promoting hydration, nourishing and repairing the deepest layers of the skin.

