







## Bula Vinaka!

Bula Vinaka! Welcome to Matangi's Ocean Spa, a tranquil haven nestled on the oceanfront where breathtaking sea views and authentic Fijian wellness converge. Our sanctuary is designed to transform your journey, nurturing your body, mind, and soul through deeply personalized treatments.

As you arrive, our signature barefoot ritual awaits—a sacred welcome that gently washes away travel's tensions and invites you to embrace the island's barefoot luxury. This intimate experience is more than a treatment; it's your gateway to complete relaxation, where our skilled therapists will listen carefully to your wellness aspirations. During a private consultation, our therapists will understand your unique wellness goals, design bespoke treatments tailored specifically to you, and create a holistic spa experience that resonates with your individual needs.

Immerse yourself in treatments crafted from traditional Fijian healing techniques, using local herbs and medicinal plants, all while surrounded by the soothing rhythms of the ocean.







## Massage

#### Fijian Bobo Massage

The traditional Fijian Bobo (pronounced 'mbombo') is a sacred healing art believed to pass through the family lines of natural healers. The rhythmic techniques are unique to each therapist and integrate the use of elbows and forearms to penetrate deep into the muscle tissue to release chronic tension.

30 min \$100 FJD | 60 min \$175 FJD | 90 min \$225 FJD

#### Matangi Bush Herb Massage

Our signature massage uses a special blend of virgin coconut oil and traditional healing bush herbs to stimulate deep relaxation and wellness. Your therapist will combine various traditional Fijian massage techniques to personalise your treatment to meet your specific needs at that precise moment in time. 60 min \$195 FJD | 90 min \$245 FJD

#### Hot Stone

Smooth water-heated basalt stones are placed at key points on the body to melt away blocked energy. With the aid of nourishing virgin coconut oil the hot stones become a very effective massage tool allowing the therapist access to the deeper muscle layers as she massages with the stones in long flowing strokes over the body. Heat from the stones has a sedative effect that can relive chronic pain and promote deep relaxation. 90 min \$290 FJD





# Body Treatments

### Pure Fiji Sugar Glow Body Exfoliation

A special blend of Fiji grown brown sugar and virgin coconut oil will remove tired and dull skin, stimulate circulation and reveal healthy new skin. Virgin coconut oil gently massaged into the body will leave your skin feeling clean, soft and hydrated.

60 min \$195 FJD

## Nama Hydro Replenish Body Buff and Hydrating Wrap

A gentle body cleanse and exfoliation with Nama's ground coconut shell buff will remove dry skin in preparation for a hydrating, oxygenating and moisture replenishing wrap.

90 min \$265 FJD

### Nama Aqua Detox Body Buff and Algae Wrap

A deep cleanse and exfoliation with Nama's ground coconut shell buff prepares the body for a detoxifying algae wrap rich in Vitamin A, Vitamin E and Vitamin C. An essential detox for fighting free radicals and body toxins.

90 min \$300 FJD

### Pure Fiji Royal Milk & Honey Treatment

Fiji grown brown sugar combined with a blend of virgin coconut and dilo nut oil will buff away dead skin cells in preparation for a deeply nourishing honey masque which will be gently massaged into the body using hot stones to deeply penetrate tired muscles. A scalp treatment with freshly squeezed coconut milk and a blend of wild hibiscus and bush herbs will conclude the treatment leaving your body soothed and replenished from head to toe.

90 min \$350 FJD

NB: All body treatments include a rain shower body wash.





## Facials

#### Pure Fiji Vitamin C Brightening Facial

Get brighter, more luminous skin with this anti-aging facial boosted with the power of three potent sources of Vitamin C including Kakadu Plum and Lime Caviar. This is followed by a Vitamin C masque and a relaxing hand. arm and foot massage. Skin is left smooth, rejuvenated, and glowingly beautiful. 60 min \$225 FJD

### Nama Hydrating Facial

Nama (sea grapes) is a unique species of seaweed that grows wild in the pristine, blue lagoon waters of the Yasawa Islands in Fiji. Known as the 'longevity seaweed' because of its high concentration of essential minerals and Vitamin A, Vitamin C and Vitamin E, Nama keeps our skin hydrated by causing intracellular, or within cellular hydration, and increases our cells metabolism to counteract aging.

60 min \$225 FJD





## Spa Packages

#### Paradise Package

Enjoy a 60-minute Fijian Bobo full body deep tissue massage followed by your choice of one of our 30-minute treatment enhancers: Coconut Hair and Scalp treatment, Fijian Scalp Massage, Foot Reflexology, Light Legs treatment or Mini Facial.

90 Min Single \$250 FJD | Double \$450 FJD

### The Ultimate Ocean Spa Package

Enjoy a 30-minute Pure Fiji Sugar Glow Exfoliation treatment followed by a 60-minute Fijian Bobo full body deep tissue massage and your choice of one of our 30-minute treatment enhancers: Coconut Hair and Scalp treatment, Fijian Scalp Massage, Foot Reflexology, Light Legs treatment or Mini Facial.

120 Min Single \$300 FJD I Double \$550 FJD











## Spa Protocols

#### Opening hours

Our opening hours are 9:00 a.m - 6:00 p.m with the first treatment commencing at 9:30 a.m and the last 60 minute treatment commencing at 5:00 p.m. Please arrive at least 10 minutes prior to your first appoint to allow enough time for a briefing with your therapist and to sign our waiver. For every other subsequent appoint arriving 5 minutes prior is sufficient. Late attendance may reduce your treatment time.

#### How to book

Bookings can only be made at the spa. Advance notice is required to guarantee specific booking times, as most treatments require some preparation time by our therapists. To cancel your spa service please advise the spa staff with as much notice as possible before your set appointment time.

#### Charges

All prices in this menu and including items in our gift shop include 15% Fiji Government tax. All charges will be added to your Room Tab. Cash is not accepted. Matangi Private Island Resort reserves the right to amend prices in the event of changes in Fiji Government taxes.

#### What to wear

We recommend a warm shower prior to your spa appointment and that you come in the bathrobe provided in your bure. If you don't have the time to do this prior to your spa appointment you will be given the opportunity to disrobe in the spa in privacy. Throughout your services, your body will be draped with linens. Disposable underwear will be made available to you prior to all body treatments. We would appreciate that you remove all jewellery including your watch prior to your spa treatment.

#### Gratuities

If you wish to leave a gratuity we encourage you to make a donation to the Staff Gratuity Fund at the front office on your checkout. This fund is distributed quarterly to all staff members ensuring that every staff member who works tirelessly to make Matangi a special place is rewarded.





To help you relax and unwind in preparation for your stay, our therapists invite you to visit the spa for a complimentary welcome Barefoot Ritual at your leisure.

Enjoy a private consultation with your therapist during this time, who can create bespoke spa experiences tailored to your specific needs and preferences during your stay.

