



pevonika[®]
BOTANICA

National Award for
INTERNATIONAL SPA
OF THE YEAR
WINNER

Presented to
HILTON FIJI BEACH RESORT & SPA

*In recognition of outstanding
service, growth and embracing
the Pevonika Spa concept*

2015

theSpa

HILTON FIJI BEACH RESORT & SPA

DISCOVER AN OASIS OF RELAXATION AND TRANQUILLITY AT THE SPA

The physical, mental and the spiritual are equally cared for,
we create an environment to suit your whole family,
women, men and children.

Professional trained therapists with warm hands and warm hearts
approach their work with you as artists seeking to reveal your inner self.

The Spa uses Pevonia skin care products, combining nature's pharmacy
from the earth and sea. Our therapists will discuss your individual
concerns and needs, to achieve great skin.

FOR HER



FACE	FJD	ADD ON TO YOUR FACIAL	FJD
Myoxy Caviar Pearl 60 min This luxurious facial is the ultimate in anti ageing. Combining Caviar to firm and strengthen and Escduox (plant Botox) to smooth lines and wrinkles combined with South Sea Pearl Extract to deeply hydrate. Your skin will be visibly brighter and youthful. Ideal for anti ageing, dry and dull skin.	275.00	Booster Treatments 10 min Vitamin Ampoule Collagen Ampoule Soothing Formula Ampoule	50.00
Stem Cells Phyto-Elite Intense De-Aging Facial 60 min This ground breaking freeze-dried treatment redefines the anti-aging facial! Infused with the first ever blend of Argan and Comfrey Stem Cells and adds a mask and cream with supercharged de-agers like Collagen, Retinol, Elastin and other key actives to start working from the first application. This revolutionary de-aging mask delivers healing, rejuvenating and hydrating benefits to the skin.	260.00	EYES	
Lumafirm Lift & Glow 60 min This treatment renders your skin ultra-luminous with a firmer, tighter and more youthfully defined appearance. Exclusively formulated with the latest freeze-dried technology, this remarkable treatment with cumulative benefits is ideal for any skin type showing signs of aging, or works as the perfect instant repair boost when you want to look your absolute best.	250.00	Lumafirm Eye Treatment 15 min Instantly lifts and firms	85.00 upgrade 65.00
Soothing Facial 60 min Combining Propolis (to heal and soothe) and Algae (to cool and hydrate). This treatment will leave your skin refreshed and vibrant. Ideal for sensitive, combination, oily, acne or blemished skin.	250.00	Ginkgo Biloba Eye Mask 15 min Combining Ginkgo Biloba and Marine Collagen is an anti-fatigue mask for the eyes. Ideal for tired eyes, dehydration, dark circles, puffiness and lines.	85.00 upgrade 58.00
Organic Facial 50 min Combining Propolis (to heal and soothe) and Algae (to cool and hydrate). This treatment will leave your skin refreshed and vibrant. Ideal for sensitive, combination, oily, acne or blemished skin.	199.00	Collagen Eye Cryo Treatment 15 min Smooth and plump fine lines and wrinkles around the eye area with this 100% Marine Collagen treatment.	85.00 upgrade 58.00

FJD		FJD	
MASSAGE			
Fijian Massage 60min & 90min Embrace serenity and bid stress farewell with a contemporary Fijian body massage that finishes with a sensual scalp massage. Your choice of Fijian fragrance from the "Bula Collection Oils" "Bua" - Frangipani, "Moli"- Lime, "Niu" - Coconut	199.00/60min 275.00/90min	Moor Mud Body Wrap 75 min This scientifically-proven holistic and healing black magma dates back to ancient civilisations. A warm Aromatic Moor Mud rich in natural vitamins, minerals and enzymes. Ideal for sore muscles, eczema/psoriasis and arthritic conditions.	275.00
Maternity Massage 60 min Specifically designed for mothers-to be, a pillow supports the belly for you to be completely relaxed and comfortable. Helps reduce back and neck pain associated with pregnancy. Smooth, relaxing strokes will put mother and baby at ease. Recommended after first trimester.	189.00	Firm & Glow Body Wrap 75 min Turn back the hands of time for a visible transformation. Lumafirm in-spa body treatment completely transforms the appearance and texture of your skin. Reclaim a youthful looking body with benefits of age-reversing, smoother skin texture, nourishing, hydrating, firming, toning, lightening and brightening. This treatment does not include an exfoliation.	295.00
Sabai Mineral Stone Therapy 60 min This unique hot stone massage combines reflexology, aromatherapy and traditional massage techniques to reduce fatigue. A zinc and copper massage cream replenishes and repairs the skin.	220.00		
Organic Hot Stone Massage 60 min/90min The combination of the local Fijian exotic organic oils and warm stones lull you into a state of relaxation. This traditional full body massage uses the hands and forearms in long flowing strokes. Tension is gradually released and circulation is increased bringing a sense of well-being.	199.00/60min 275.00/90min	SPA PACKAGES	
BODY SCRUBS			
Aromatherapy Salt Glow 45 min Restore skin's radiant glow with an exfoliating sea salt treatment combining a blend of Aromatic Marine and Mineral Salts with pure essential oils, rendering skin silky-smooth and mineralised. Exfoliation is recommended as an ideal pre-treatment service in order to maximise body treatment results.	140.00 upgrade 75.00	Marama Escape 90 min Spoil yourself with this perfect escape that begins with an hour Fijian body massage and finishes with a mini facial.	295.00
De - Aging Tropical Salt Mousse Scrub - Pineapple and Papaya 45 min Delivers an aroma-sensory experience. Its fluffy lather removes impurities and toxins by gently polishing your skin. As the salt dissolves, negative ions and repairing tropical fruit extracts are quickly absorbed. The skin emerges smooth to the touch and visibly brightened.	158.00 upgrade 95.00	The Spa Signature 90 min Let your mind and body unwind and your skin be rejuvenated from top to toe with the Hilton's spa signature treatment. Tropical salt mousse body exfoliation, Fijian massage for muscle release and renewing facial experience that will revive your senses. A perfect complement to your Fijian holiday.	299.00
BODY WRAPS			
Tropical De-Aging Wrap 75 min This Luscious Crème Fraiche formula drenched with tropical Pineapple and Papaya, leaves your skin deeply nourished, rejuvenated and reduces wrinkles.	295.00	Slimming Detox 105 min A must have if you are feeling tired, bloated, puffy or run down. This detox will have you feeling rejuvenated after we help breakdown unwanted toxins in your body. Begins with an Aromatherapy Salt Glow, Micronised Algae Wrap, finished with a Fijian body massage.	450.00
Optional De-Aging Body Balm Pineapple and Papaya 5 min	45.00	Hilton Indulgence 300 min The ultimate in all day pampering from head to toe. Begin with a Tropical Salt Mousse Scrub and wrap with scalp treatment, an hour Fijian massage, premier hand and foot therapy plus Plantomer facial and our spa cuisine for lunch.	1008.00
Water Lily After Sun Soothing Wrap 60 min Provides your skin immediate relief from sunburn or sensitivity due to excessive sun exposure. This soothing wrap cools and desensitises by combining Water Lily, Green Tea, and Chamomile. Promptly alleviating burning and stinging sensations, this treatment heals and decreases skin temperature.	199.00	Caviar & Pearl Luxe Ritual (includes a South Pacific Pearl) 240 min Indulge in the most exquisite and luxurious spa experience. Begin with a Lumafirm body treatment featuring 26 dynamic ingredients to smooth and firm the body contours. Indulge in a caviar and pearl hand and foot treatment followed by a caviar and pearl high performance facial treatment which contains caviar and crushed pearl extracts. This treatment reverses the signs of ageing and leaves the skin plump, soft and luminous.	900.00



FOR HER



HANDS & FEET		FJD	ESSENTIALS FOR HER		FJD
Premier Hand Treatment		115.00	Waxing		
50 min			Full Leg 60 min		105.00
Dip your fingers in a nourishing hand soak and we will take care of the rest. This softening, exfoliating and hydrating treat will leave your hands looking younger.			Half Leg 30 min		78.00
			Underarm 25 min		58.00
			Forearm 30 min		58.00
			Bikini 30 min		58.00
			Brazilian 60 min		105.00
			Lip 5 min		18.00
			Chin 5 min		18.00
			Eye Brow 30 min		38.00
Premier Foot Treatment		115.00	Tinting		
50 min			Eyebrow 5 min		28.00
This ultimate spa pedicure with a softening salt soak, deep exfoliation and invigorating mask, followed by gels and softening creams.			Eyelash 15 min		38.00
			Henna		
			One Hand 45 min		45.00
			One Foot 45 min		45.00
ADD-ON TO YOUR HANDS & FEET					
Moisturising Paraffin 15 min		45.00			
French tip polish 15 min		28.00			
Nail art designs 15 min		28.00			

FOR HIM



FACE	FJD	ADD ON TO YOUR FACIAL	FJD
Skin Fit 60 min Mens Signature Skin Fit Treatment counteracts the ageing process with this advanced treatment specifically formulated for men. This treatment visibly brightens and promotes healthy and youthful looking skin. Includes deep cleansing treatment and cooling rubber mask.	285.00	Booster Treatments 10 min Vitamin Ampoule Collogen Ampoule Soothing Formula Ampoule	50.00
Men's Signature Facial 60 min Visibly enhancing your skin's texture and maximising hydration, this effective lift off mask combines the replenishing benefits of Seaweed with revitalising Propolis, a natural healing and desensitizing substance.	250.00	EYES	
Phyto Energy Facial 50 min Optimise your skin's health and radiance with mask treatments that specifically address your skin type. Whether your skin is dry, sensitive, combination or oily, the Pevonia essential mask series provides the perfect mask to suit your skin. Each treatment begins with preliminary and deep cleansing massage and concludes with the essential mask of your skin type.	199.00	Lumafirm Eye Treatment 15 min Instantly lifts and firms	89.00 upgrade 65.00
		Ginkgo Biloba Eye Mask 15 min Combining Ginkgo Biloba and Marine Collagen, this an anti-fatigue mask for the eyes. Ideal for tired eyes, dehydration, dark circles, puffiness and lines.	85.00 upgrade 58.00

MASSAGE

Sabai Mineral Stone Therapy

60min

Sabai is the Thai word for well being. Exhale and relax as your therapist administers an advanced stone massage therapy far exceeding traditional stone massage. Sabai's synchronised therapeutic massage with micronised minerals malachite and Zincite de stress your entire being....mind, body and spirit.

220.00

Fijian Massage

60min /90 min

Embrace serenity and bid stress farewell with a contemporary Fijian body massage that finishes with a sensual scalp massage. Your choice of Fijian fragrance from the "Bula Collection Oils": "Bua" - Frangipani, "Moli"- Lime, "Niu"- Coconut

199.00/60min

275.00/90min

Deep Tissue Massage

60min

This invigorating and aromatherapy sports massage to relax tense muscles, body aches and stimulate blood circulation will entice your Fijian holiday.

199.00

Organic Hot Stone Massage

60 min/90min

The combination of the local Fijian exotic organic oils and warm stones lull you into a state of relaxation. This traditional full body massage uses the hands and forearms in long flowing strokes. Tension is gradually released and circulation is increased bringing a sense of well-being.

199.00/60min

275.00/90min

BODY SCRUBS

Zesty Body Polishes

45 min

Zesty and purifying it eliminates dead cells, superficial toxicity, impurities and sebum accumulation. Renders dry and rough areas soft and smooth, resulting in mineralised more youthful skin.

140.00

upgrade 75.00

De-Aging Tropical Salt mousse - Pineapple and Papaya

45 min

Delivers an aroma-sensory experience. Its fluffy lather removes impurities and toxins by gently polishing your skin. As the salt dissolves, negative ions and repairing tropical fruit extracts are quickly absorbed. The skin emerges smooth to the touch and visibly brightened.

158.00

upgrade 95.00

BODY WRAPS

Aromatic Moor Mud Wrap

75 min

Releases and relieves muscle aches & pains with this wrap.

275.00

After Sun Rescue

60 min

Relieve sunburn discomfort and immediately decrease your skins tem-perature with this cooling and alleviating wrap.

199.00

SPA PACKAGES

Turaga Escape

90 min

Spoil yourself with this perfect escape that begins with a 60 minute Fijian massage and finishes off with an express mini facial.

295.00

The Spa Signature

90 min

Let your mind and body unwind and your skin be rejuvenated from top to toe with the Hilton's Spa Signature treatment. A tropical salt mousse body exfoliation, Fijian massage for muscle release and renewing facial experience that will revive your senses. The perfect compliment to your Fijian holiday.

299.00

Vitality Ritual

120 min

Revitalise with this ritual of Moor Mud Wrap and mud bath which will end with a soothing relaxing contemporary Fijian massage.

450.00

Detox

120 min

This treatment begins with a Salt body scrub to restore skin's radiant glow and to maximise the result of the warm Detox Thalasso Wrap with Algae. Followed with a 50 minute Tension relief Deep Tissue massage that will complement your holiday.

450.00

Executive Retreat

150min

An essential retreat to modern men living. Retreat yourself with a full body scrub, back/neck and scalp massage, express manicure and pedicure, calf and foot tension relief massage completed with an express mini facial.

565.00

HANDS & FEET

Men's Spa Pedicure

50 min

Includes soak, file, cuticle treatment, exfoliation, mask, massage and buffing of nails.

115.00

Men's Spa Manicure

50 min

Includes file, cuticle treatment, exfoliation, mask, massage and buffing of nails.

115.00

Sabai Foot Journey

45 min

This deeply restorative treatment includes: a warming foot soak in exfoliating salts an invigorating foot scrub and deliciously soothing foot massage incorporating Sabai Hot Stones and focusing on reflexology points for the ultimate in complete body relaxation.

89.00

ADD - ON TO YOUR HANDS & FEET

Moisturising Paraffin 15 min

45.00

ESSENTIALS FOR HIM

Waxing

Back Wax 60 min

78.00

Chest Wax 30 min

58.00

Eyebrow Wax 15 min

20.00

COUPLES JOURNEY



MASSAGE

FJD

Couples Escape

90 min

The perfect escape to enjoy being pampered with your loved ones. Enjoy an hour Fijian massage, finished off with a express mini facial.

610.00

'Lomani' Fijian Massage

60 min/90 min

The true meaning of love. Embrace serenity and bid stress farewell together with a contemporary Fijian body massage.

398.00/60mins
560.00/90mins

Couples Beach Massage

60 min

Experience the tranquil beachfront location with a traditional Fijian massage. This calming treatment is the perfect retreat. Spend some special time together after your treatment with complimentary champagne served in your private beach bure.

475.00

SOAK

FJD

In Room Bath Master

Pevonia's bathing pleasures in your room to de-stress, refresh and exfoliate.

95.00

ADDITIONAL SERVICE

Nanny Service

Applies for couples who wish to experience The Spa. Conditions Apply. Offer valid for any two combined treatments valued over \$300 and a maximum of two children per booking with an advance notice of 4 hours.

TEEN AND KIDS

Children under the age of 16 must be accompanied by an adult.



FACE

FJD

Fruity Facial

30 min

Treat yourself to a deep cleansing facial treatment. Select from one of our fruity flavors, quenching and hydrating pink strawberry mask, soothing papaya or refreshing green apple mask.

55.00

Blemished B Gone Teen Facial

50 min

Intensive treatment helps to heal existing blemishes and prevent new ones from forming. A Pevonia exclusive enzyme peel, to gently remove blackheads and dead skin cells. The treatment is concluded with the application of a highly antiseptic blemished skin mask to leave skin refreshed and deeply cleansed.

115.00

MASSAGE

Rub A Dub Massage

30 min

Imagine feeling like you are floating on a cloud and watching the world go by as you are massaged with gorgeous Fijian fragrance oils that leave your skin and muscles softer than cotton wool.

55.00

Baby Massage

30 min

Specially designed massage for babies and infants with warm Fijian coconut oils to sooth and calm the little ones.

35.00

HANDS & FEET

Baby Manicure or Pedicure

30 min

Soft nail treatment for small hands and feet with nail art and color.

25.00

Spa Teen Manicure or Pedicure

30 min

Special manicure and pedicure for Teens with nail art design and color.

35.00

Nail Art

15 min

Select from our many designs for hands and feet.

15.00

SPA PACKAGES

Mommy and Me

120 min

Its glamour time for mum and daughter. Treatment begins with a 30 minute back, neck and scalp massage, mini facial, deluxe manicure, mini pedicure and makeup application.

378.00

Spa Kids Pamper

120 min

Pamper yourself with a fruity facial, mini manicure and milk hair treatment, finishing off with a full head braid.

189.00

Sweet Sixteen

90 min

Spoil yourself on your 16th Birthday with your choice of fruity facial, 40 minute massage and glitz up with a makeup application (foot massage for boys)

135.00

HAIR

Kids Moo Hair Treat

15 min

All that sun and sand makes your hair and scalp feel tight and dry but never fear! Moo hair treatment will leave it soft, bouncy, shiny and marvellous!

25.00

Princess Full Head Braids

60 min

Look like an exotic island princess with glamorous braids all over.

95.00

Girls Single Braid

5 min

6.00

Single Cool Boy Braids

2 min

Rock it with cool braids that look and feel fab and mean you won't have to brush your hair!

3.00

Boys Henna Tattoo

5 min

You'll look so cool with your choice of henna tattoo and it won't wash off in tonight's bath!

12.00

ADDITIONAL SERVICES



HAIR	FJD	FACE	FJD
Repairing Scalp & Hair Treatment with Moor Mud 15 min Reveal radiant healthy hair! Moor, a rich organic mud, has long been recognized for its curative powers. This powerful scalp and hair treatment repairs and heals depleted or damaged hair through the application of Moor mud followed by a revitalizing scalp massage for maximum ingredient absorbency. Your hair resurfaces visibly repaired, nourished and fortified. Ideal for psoriasis scalp conditions.	45.00	Make-Up Services ELES Mineral Make - Up, a virtually weightless "second skin" formula using micronized minerals to protect and correct skin without irritation. Let us help you to choose the right colours for a summer holiday make over.	58.00
Nourishing Milk Treatment 15 min Combines this with any treatment, a micro-emulsion oil is massaged into the hair and scalp, infused with warm scalp wrap to provide deep nourishment.	45.00	BATHS Aroma-Milk Soak for soothing and deep relaxations 15 min	45.00
Bridal Hair 60 min Look great on your special day with the perfect hair style. Consult with our team for the desired look.	185.00	Moor Balneotherapy for body aches and pains 15 min	45.00
Blow Dry & Style 30 min Having difficulties in drying your hair? Our team will definitely meet your needs.	95.00	IN ROOM SPA SERVICE Below treatments are available for this service only in the privacy in your own villa. Extra service fee applies. In - room service fee charge	185.00 55.00
		Four Hands Massage 60 min This tandem calming and relaxing massage allows you to unwind and drift away with two therapists rhythmically working their hands in union to bring greater harmony to mind, body and spirit.	325.00
		'Lomani' Fijian Massage 60 min/90 min The true meaning of love. Embrace serenity and bid stress farewell together with a contemporary Fijian body massage.	399.00/60mins 545.00/90mins



SPA INFORMATION

Please read this information before coming to the Spa.

Spa Hours

9 am to 7:30 pm (till 9 pm by appointment only)

Reservations

Bookings are essential for all treatments. Our friendly spa therapists are available to help guide and make your reservation suit your individual needs. Your room number or credit card details will be requested to hold your reservation.

Arrival

Arriving 10 minutes prior to your reservation will allow us to get you relaxed with a welcome sorbet. Late arrival will mean your treatment time will be reduced accordingly.

Cancellation Policy

Cancellations and/or rescheduling of reservations require 12 hours notice. If a cancellation is advised within 12 hours, a 50% cancellation fee of your reservation will occur. All "no shows" will incur a 100% cancellation fee.

Payment

We accept cash, Visa, MasterCard, American Express and JCB. Guests staying at the resort may charge to their room. All prices are in Fijian dollars and are inclusive of VAT.

Valuables

Please leave valuables and jewellery in your room safe. The spa cannot take responsibility for valuables lost or damaged.

Attire

Your modesty during treatments is important to us. You will be provided with a robe plus disposable underwear for body treatments. You may however wear your own bikini bottoms for body wraps if you feel more comfortable.

Etiquette

Please ensure all mobile phones are switched off prior to entering The Spa. Children under the age of 16 must be accompanied by an adult.

Health Considerations

Prior to your appointment, please notify The Spa therapists if you have allergies, recently undergone plastic surgery, high blood pressure, heart conditions, physical disabilities or if you are pregnant. Acknowledging this condition will allow us to perform to your individual need.

What to Expect

Expect out treatment specialist to conduct a consultation in order to provide you with the best Spa treatment designed specifically to address your needs.

Awards

2011 & 2012 International Spa of the Year by Pevonia Botanica, Australia and Oceania.

Pevonia International Spa of the Year 2014.

All information valid at time of printing - June 2016.





Hilton

FIJI BEACH RESORT & SPA

Denarau Island, Nadi, Fiji

Tel: (679) 6576 800 Fax: (679) 6576 801
fiji-beachresort.spa@hilton.com

hiltonfiji-beachresort.com